



November 12, 2009

2009 AVCA ALL-REGION TEAMS ANNOUNCED FOR NCAA DIVISION III

Central Region

Table with 4 columns: Name, University, Position, Year. Includes Erin Albers, Laura Brammeier, Tara Christensen, etc.

Mid-Atlantic Region

Table with 4 columns: Name, University, Position, Year. Includes Drew Barnhart, Kate Comey, Kayla Deats, etc.

Region Freshman of the Year: Kelly Pang, Washington-St. Louis, DS/Lib.

Honorable Mention: Emily Cory (Luther, OH, So.), Laura Dudgeon (Cornell, MB, Sr.), Jessica Mate (St. Mary's, OH, Jr.), Jill Osborne (St. Thomas, MB, Jr.), Kayli Schumacher (St. Benedict, RS/Opp., Jr.), Britlyn Sieck (Wartburg, OH, Fr.)

Region Freshman of the Year: Kelsey Fuller, Juniata, OH

Honorable Mention: Kelsey Fuller (Juniata, S, Fr.), Chelsea Glowacki (Salisbury, MB, Fr.), Justine Jeter (Gallaudet, OH, Sr.), Paige Johnston (Juniata, RS/Opp., Sr.), Anne Lutkenhaus (Mary Washington, OH, Sr.), Rachel Wenger (Eastern, RS/Opp., Fr.)

Great Lakes Region

Table with 4 columns: Name, University, Position, Year. Includes Brandi Corbello, Brittany Donelan, Jacie Fiedler, etc.

Midwest Region

Table with 4 columns: Name, University, Position, Year. Includes Katie Beining, Christina Cahoon, Kelsy England, etc.

Region Freshman of the Year: Lizzie Kamp, Calvin, OH

Honorable Mention: Renee Berry (Ohio Northern, RS/Opp., Sr.), Cassidy Bulthuis (Hope, RS/Opp., Jr.), Venessa Haase (Heidelberg, OH, So.), Kristen Johnson (Hope, DS/Lib., Sr.), Katherine Larson (DePauw, RS/Opp., Sr.), Jacki Street (Heidelberg, RS/Opp., Fr.)

Region Freshman of the Year: Aleisha Bagin, UW-Oshkosh, OH

Honorable Mention: Alyssa Bauer (UW-Whitewater, DS/Lib, So.), Emily Hagen (Illinois Wesleyan, MB, Sr.), Keri Klotzbuecher (UW-Whitewater, OH, So.), Kristen Moore (UW-Eau Claire, RS/Opp., Sr.), Caitlin O'Hara (Elmhurst, MB, Sr.), Drewann Pancratz (Carthage, S, So.)

**New England Region**

|                       |                              |         |     |
|-----------------------|------------------------------|---------|-----|
| Emily Avis            | Williams College             | S       | Jr. |
| Nicole Ballon-Landa** | Williams College             | MB      | Jr. |
| Barden Cleeland       | Massachusetts Inst. of Tech. | MB      | Sr. |
| Alice Cummings**      | Wellesley College            | OH      | Sr. |
| Marissa DeMais        | Connecticut College          | S       | Jr. |
| Dena Feiger**         | Tufts University             | S       | Sr. |
| Jane Handel           | Middlebury College           | OH      | So. |
| Ruby Hernandez        | Wesleyan University (Conn.)  | DS/Lib. | Jr. |
| Heather Lively**      | Springfield College          | OH      | Jr. |
| Alex May***           | Massachusetts Inst. of Tech. | OH      | Sr. |
| Kate McWhorter        | Univ. of Mass.-Boston        | OH      | Sr. |
| Amy Newman            | Connecticut College          | OH      | So. |
| Shannon Thompson      | Univ. of Mass.-Boston        | MB      | Fr. |
| Caitlin Urdike        | Tufts University             | OH      | Jr. |

**Region Freshman of the Year:** Shannon Thompson, UMass-Boston, MB

**Honorable Mention:** Eliza Badeau (Plymouth State, MB, Sr.), Michelle Doody (Colby-Sawyer, OH, Jr.), Broghan Helgeson (Tufts, RS/Opp., Sr.), Dawson Joyce-Mendive (Tufts, OH, Jr.), Sarah Lang-Rodean (Springfield, MB, Jr.), Rachel Yorke (Amherst, DS/Lib., Jr.)

**New York Region**

|                     |                                 |         |     |
|---------------------|---------------------------------|---------|-----|
| Sara Artus          | Clarkson University             | OH      | So. |
| Mina Baban          | New York University             | S       | So. |
| Stephanie Bova      | SUNY New Paltz                  | S       | Sr. |
| Sarah Byrne**       | Stevens Institute of Technology | OH      | So. |
| Mallorie Clary**    | Nazareth College                | DS/Lib. | Sr. |
| Brittany Coyle      | SUNY New Paltz                  | MB      | Sr. |
| Lauren Dinsdale**** | Skidmore College                | DS/Lib. | Sr. |
| Kendyl Dunn         | New York University             | MB      | Fr. |
| Alyssa Fitchette**  | SUNY-Brockport                  | MB      | Sr. |
| Allison Kiernan     | SUNY New Paltz                  | RS/Opp. | Sr. |
| Maggie Kowalska     | Stevens Institute of Technology | RS/Opp. | Fr. |
| Meredith Palmer     | Skidmore College                | MB      | Jr. |
| Alexandra Zavadzka  | Elmira College                  | OH      | Fr. |
| Sarah Zureck        | SUNY Fredonia                   | DS/Lib. | So. |

**Region Freshman of the Year:** Kendyl Dunn, NYU, MB

**Honorable Mention:** Katelynn Reed (Nazareth, MB, Sr.), Hilary Koenigs (Vassar, S, Fr.), Sydney Kandefer (St. John Fisher, MB, Sr.), Jenna Stock (Clarkson, S, Sr.), Kaitlin Erdmann (SUNY Fredonia, MB, Sr.), Elizabeth Dick (NYU, OH, Jr.)

**South Region**

|                          |                            |         |     |
|--------------------------|----------------------------|---------|-----|
| Niki Calverley           | Univ. of Texas at Dallas   | S       | Jr. |
| Kara Elder               | Christopher Newport Univ.  | OH      | Fr. |
| Chelsie Fowler           | Hardin-Simmons University  | OH      | Sr. |
| Audra Gentry**           | Southwestern University    | OH      | Sr. |
| Aly Hazelwood            | Trinity University (Texas) | MB      | Sr. |
| Abby Hogge               | Christopher Newport Univ.  | DS/Lib. | Fr. |
| Caitlyn Jansen           | Christopher Newport Univ.  | MB      | Jr. |
| Samantha Lingamfelter*** | Southwestern University    | DS/Lib. | Sr. |
| Jessica McAlvany         | Emory University           | OH      | So. |
| Jessica Nassau           | Univ. of Texas at Dallas   | MB      | Jr. |
| Christina Nicholls       | Southwestern University    | S       | So. |
| Kaela Parnell**          | Hardin-Simmons University  | MB      | Sr. |
| Natalie Schonefeld**     | Emory University           | S       | So. |
| Lindsay Thompson**       | Southwestern University    | MB      | So. |

**Region Freshman of the Year:** Kara Elder, Christopher Newport, OH

**Honorable Mention:** Terah Brown (McMurry, MB, Jr.), Jessica Fleming (Austin, MB, So.), Ginger Haley (Trinity, MB, Sr.), Jamie Jahns (Texas Lutheran, MB, Sr.), Alysse Meyer (Emory, OH, Sr.), Amber Wetz (Texas-Dallas, RS/Opp., Jr.)

**West Region**

|                    |                                |         |     |
|--------------------|--------------------------------|---------|-----|
| Meredith Ballard   | Colorado College               | RS/Opp. | So. |
| Sarah Beaver       | Pacific Lutheran University    | S       | Jr. |
| Brynn Blickenstaff | University of Puget Sound      | OH      | So. |
| Erin Exline        | California Lutheran University | MB      | Jr. |
| Jackie Hamilton    | University of Redlands         | OH      | Jr. |
| Beth Hanna***      | Pacific Lutheran University    | OH      | Jr. |
| Crista Jones***    | University of La Verne         | MB      | Sr. |
| Lauren Harding     | University of Redlands         | DS/Lib. | Sr. |
| Keley Joynt        | Pacific Lutheran University    | MB      | Sr. |
| Linda Ly**         | Chapman University             | DS/Lib. | Sr. |
| Emily Perkins**    | Colorado College               | MB      | Sr. |
| Megan Phillips     | University of Redlands         | MB      | Jr. |
| Jackie Russell     | California Lutheran University | S       | Fr. |
| Amy Schornack      | Colorado College               | S       | So. |

**Region Freshman of the Year:** Jackie Russell, California Lutheran, S

**Honorable Mention:** MacKenzie Aries (Pomona-Pitzer, S, So.), Alexandra Graves (Whitman, OH, Sr.), Allison Kerr (California Lutheran, MB, Jr.), Allie Macy (Claremont-Mudd Scripps, OH, Jr.), Kelsie Moore (Pacific Lutheran, OH, So.), Eliza Pledger (George Fox, MB, So.)

\* Denotes total number of years selected to AVCA Division III All-Region Team